



## NORMAN YOUTH SOCCER ASSOCIATION

### U11-U12 Rules of Competition

#### Key Facts:

- Play Format: 9v9 with Goalkeepers
- 2x 30 Minute Halves
- Offside Enforced

#### Field Format:

- 50% Minimum Play Time
- Size 4 Ball
- Field Width: 45-55yds
- Field Length: 70-80yds
- Max Goal Size: 21ft x 7ft

### Laws of the Game

**All rules of competition will conform to the current edition of the IFAB Laws of the Game unless otherwise stated below.**

#### **Law 1. The Field of Play**

- a. The center circle will have a radius of 8 yards
- b. Field width: 45-55 yards
- c. Field length: 70-80 yards
- d. Max Goal Size: 21ft wide, 7ft tall
- e. **No coach or spectator will be allowed behind the goal line during active play**

#### **Law 2. The Ball**

- a. A size 4 ball will be used

#### **Law 3. The Players**

- a. Each team will consist of not more than 9 players and not less than 7 players on the field
- b. During the match, if a team gains a 5 goal lead, the opposing team may add (play up) one player (10v9) at the next stoppage of play with the permission of the referee. If a team gains an 8 goal lead, the opposing team may add (play up) an additional player (11v9) at the next stoppage of play with the permission of the referee. If the teams lead falls to below 8 or 5 goals, the opposing team must reduce their numbers back to the regulation amount.
- c. Each team must have a designated goal keeper
- d. Substitutions will be unlimited and at any stoppage of play, however, you must have the referee's permission before you may begin the substitution process. **Substitutions will take place at the half line, players may not enter/exit the field on the spectator sideline.**
- e. Each player must play a minimum of 50% of the total playing time
- f. If a player is suspected to have suffered a head injury, the referee will immediately stop play and allow for treatment/evaluation. If the player leaves the field for treatment they may be replaced by a substitute immediately, however they may not return to the game

without clearance from a Health Care Professional or Certified Athletic Trainer. No exceptions can be made to this policy. Any team attempting to violate or circumvent this policy will result in the referee terminating the match.

**Law 4. The Players' Equipment**

- a. Players must wear their Official NYSA Jersey above all other clothing
- b. Players must wear shin guards, with soccer socks covering the shin guard
- c. Teams should wear matching socks and shorts
- d. Hoodies will only be allowed if the hood part of the hoodie is tucked into the player's jersey
- e. **All jewelry is considered dangerous and will not be allowed. Taping over jewelry will not be allowed. No exceptions to this rule will be made.**

**Law 5. The Referee**

- a. A US Soccer Licensed, Grade 09 (Grassroots) or higher referee will be assigned to all games.
- b. If the referee does not show up, the coach should contact the referee department for a replacement referee.
- c. Referee decisions are final, no protests will be heard on matters of referee opinion; a protest can only be filed with regards to misapplication of the Laws of the Game.

**Law 6. The Other Match Officials**

- a. Two US Soccer Licensed, Grade 09 (Grassroots) or higher assistant referees will be assigned to all games.
- b. If one or both assistant referees do not show up, the Referee may elect to delay the start of the game until assistant referees can be located, continue the game without the missing assistant referee(s), or select replacement club-linesmen/women to indicate **only** when the ball goes out of play. If using club-linesmen/women, the Referee must discuss the expectations of a club-line with the selected individual(s) prior to the game.

**Law 7. The Duration of the Match**

- a. The match shall be divided into two 30 minute halves.
- b. There shall be a 5 minute halftime interval.

**Law 8. The Start and Restart of Play**

- a. Opponents must be at least 8 yards away during kick-off and all other restarts except for a throw-in. Opponents must be at least 2 yards away during throw-ins.

**Law 9. The Ball In and Out of Play**

- a. Conforms to IFAB

**Law 10. Determining the Outcome of a Match**

- a. In lieu of a coin toss the home team will start with the ball and the visitor will pick which side of the field to defend.

- b. The final score of the match will be recorded in the league standings as reported in the Referee's match report, however no team will be awarded more than 5 points toward their goal differential in any single match.

**Law 11. Offside**

- a. Conforms to IFAB

**Law 12. Fouls and Misconduct**

- a. Opponents must be at least 8 yards away during all free kicks
- b. Intentional heading of the ball will be considered dangerous play in all instances and awarded an indirect free kick.
- c. Coaches may be dismissed **after receiving a red card or (2) yellow cards within the same match**, or the match terminated for a coach's failure or the failure of their teams spectators to abide by the Laws of the Game and the NYSA Code of Conduct.

**Law 13. Free Kicks**

- a. Opponents are at least 8 yards from the ball until it is in play

**Law 14. The Penalty Kick**

- a. The Penalty Spot will be 10 yards from the goal line

**Law 15. The Throw-in**

- a. Conforms to IFAB

**Law 16. The Goal Kick**

- a. **Play is considered live when the ball is kicked and clearly moves**

**Law 17. The Corner Kick**

- a. Conforms to IFAB