



NORMAN YOUTH SOCCER ASSOCIATION

U6 – U8 Rules of Competition

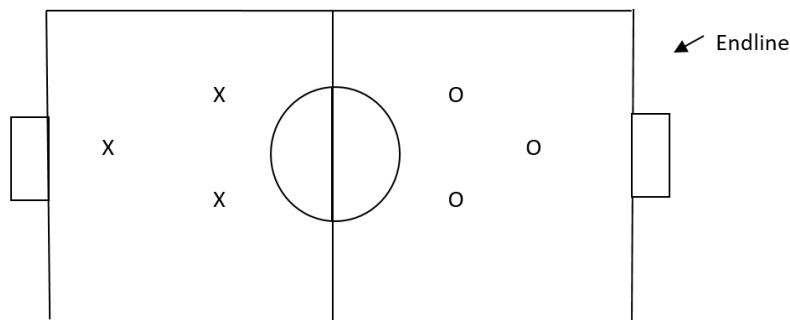
Key Facts:

- Play Format: 4v4
- No Goalkeeper
- 4x 8 Minute Quarters
- No Offside
- No Slide Tackling

Game Format:

- 50% Minimum Play Time
- Size 3 Ball
- Field Length: 35yds
- Field Width: 22yds
- Goal Size: 9ft x 4ft

Field Diagram



Laws of the Game

All rules of competition will conform to the current edition of the IFAB Laws of the Game unless otherwise stated below.

Law 1. The Field of Play

- a. The center circle will have a radius of 6 yards
- b. Field width: 22 yards
- c. Field length: 35 yards
- d. Goal Size: 9ft wide, 4ft tall
- e. Corner flags not required
- f. **No coach or spectator will be allowed behind the goal line during active play**

Law 2. The Ball

- a. A size 3 ball will be used

Law 3. The Players

- a. Each team will consist of not more than 4 players and not less than 2 players on the field

- b. During the match, if a team gains a 5 goal lead, the opposing team may add (play up) one player (5v4) at the next stoppage of play with the permission of the referee. If a team gains an 8 goal lead, the opposing team may add (play up) an additional player (6v4) at the next stoppage of play with the permission of the referee. If the teams lead falls to below 8 or 5 goals, the opposing team must reduce their numbers back to the regulation amount.
- c. There are no goal keepers. NYSA strongly discourages teams from designating a defender/sweeper that is positioned by the goal at all times.
- d. Substitutions will be unlimited and at any stoppage of play, however, you must have the referee's permission before you may begin the substitution process. **All substitutions will take place in front of the requesting team's bench, players are not to enter or exit on the spectator sideline.**
- e. Each player must play a minimum of 50% of the total playing time
- f. If a player is suspected to have suffered a head injury, the referee will immediately stop play and allow for treatment/evaluation. If the player leaves the field for treatment they may be replaced by a substitute immediately, however they may not return to the game without clearance from a Health Care Professional or Certified Athletic Trainer. No exceptions can be made to this policy. Any team attempting to violate or circumvent this policy will result in the referee terminating the match.

Law 4. The Players' Equipment

- a. Players must wear their Official NYSA Jersey above all other clothing
- b. Players must wear shin guards, with soccer socks covering the shin guard
- c. Teams should wear matching socks and shorts
- d. Hoodies will only be allowed if the hood part of the hoodie is tucked into the player's jersey
- e. **All jewelry is considered dangerous and will not be allowed. Taping over jewelry will not be allowed. No exceptions to this rule will be made.**

Law 5. The Referee

- a. A US Soccer Licensed, Grade 09 (Grassroots) or higher referee will be assigned to all games.
- b. If the referee does not show up, the coach should contact the referee department for a replacement referee.
- c. The referee will briefly explain infringements to the offending player.
- d. Referee decisions are final, no protests will be heard on matters of referee opinion; a protest can only be filed with regards to misapplication of the Laws of the Game.

Law 6. The Other Match Officials

- a. No Assistant Referees will be used at this level

Law 7. The Duration of the Match

- a. The match shall be divided into four 8 minute quarters.

- b. There shall be a 5 minute halftime interval and a 2 minute interval between the quarters.

Law 8. The Start and Restart of Play

- a. In lieu of a coin toss the home team will start with the ball and the visitor will pick which side of the field to defend.
- b. All kickoffs will be indirect
- c. Opponents must be at least 6 yards away during kick-off and all other restarts except for a throw-in or goal kick. Opponents must be at least 2 yards away during throw-ins.

Law 9. The Ball In and Out of Play

- a. Conforms to IFAB

Law 10. Determining the Outcome of a Match

- a. The final score of the match will be recorded in the league standings as reported in the Referee's match report, however no team will be awarded more than 5 points toward their goal differential in any single match.

Law 11. Offside

- a. There is no offside at this level

Law 12. Fouls and Misconduct

- a. All free kicks will be DIRECT
- b. Slide tackling will be considered dangerous play in all instances and awarded a free kick. To be a slide tackle both components of tackling and sliding MUST be present
- c. Intentional heading of the ball will be considered dangerous play in all instances and awarded a free kick.
- d. Opponents must be at least 6 yards away during all free kicks
- e. No cards will be shown for misconduct; however, the Referee may ask a team's coach to substitute out a player who is repeatedly violating the Laws of the Game.
- f. Coaches may be dismissed **after receiving a red card or (2) yellow cards within the same match**, or the match terminated for a coach's failure or the failure of their teams spectators to abide by the Laws of the Game and the NYS Code of Conduct.

Law 13. Free Kicks

- a. All free kicks are direct and opponents are at least six (6) yards from the ball until it is in play

Law 14. The Penalty Kick

- a. There is no penalty kick at this age level

Law 15. The Throw-in

- a. A foul throw-in can be retaken once. A foul throw-in on the retake will result in the awarding of the throw-in to the opposing team

Law 16. The Goal Kick

- a. Play is live when the ball is kicked and clearly moves, prior to a goal kick the opposing team must retreat to the top of the center circle nearest to the goal. Failure to retreat will result in a retake of the goal kick.

Law 17. The Corner Kick

- a. Conforms to IFAB