



NORMAN YOUTH SOCCER ASSOCIATION

U9-U10 Rules of Competition

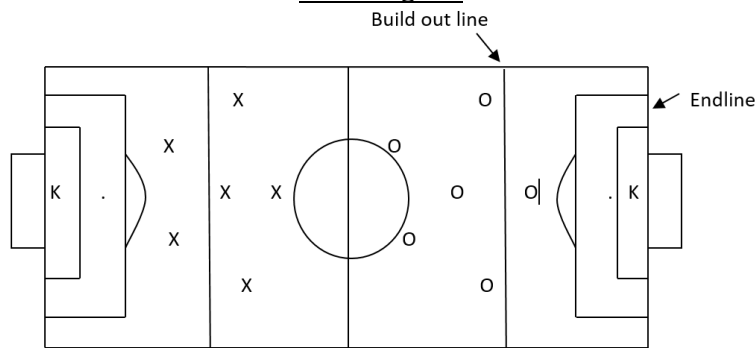
Key Facts:

- Play Format: 7v7 with Goalkeepers
- 2x 25 Minute Halves
- No Offside
- No Slide Tackling
- Build-out line enforced

Field Format:

- 50% Minimum Play Time
- Size 4 Ball
- Field Width: 40yds
- Field Length: 60yds
- Goal Size: 18ft x 6ft

Field Diagram



Laws of the Game

All rules of competition will conform to the current edition of the IFAB Laws of the Game unless otherwise stated below.

Law 1. The Field of Play

- a. The center circle will have a radius of 8 yards
- b. Field width: 40 yards
- c. Field length: 60 yards
- d. Build out lines are 20 yards from each goal line
- e. Goal Size: 18ft wide, 6ft tall
- f. **No coach or spectator will be allowed behind the goal line during active play**

Law 2. The Ball

- a. A size 4 ball will be used

Law 3. The Players

- a. Each team will consist of not more than 7 players and not less than 5 players on the field
- b. During the match, if a team gains a 5 goal lead, the opposing team may add (play up) one player (8v7) at the next stoppage of play with the permission of the referee. If a

team gains an 8 goal lead, the opposing team may add (play up) an additional player (9v7) at the next stoppage of play with the permission of the referee. If the teams lead falls to below 8 or 5 goals, the opposing team must reduce their numbers back to the regulation amount.

- c. Each team must have a designated goal keeper
- d. Substitutions will be unlimited and at any stoppage of play, however, you must have the referee's permission before you may begin the substitution process. **Substitutions will take place at the half-line of the players area, players are not to enter/exit the field on the spectators sideline.**
- e. Each player must play a minimum of 50% of the total playing time
- f. If a player is suspected to have suffered a head injury, the referee will immediately stop play and allow for treatment/evaluation. If the player leaves the field for treatment they may be replaced by a substitute immediately, however they may not return to the game without clearance from a Health Care Professional or Certified Athletic Trainer. No exceptions can be made to this policy. Any team attempting to violate or circumvent this policy will result in the referee terminating the match.

Law 4. The Players' Equipment

- a. Players must wear their Official NYSA Jersey above all other clothing
- b. Players must wear shin guards, with soccer socks covering the shin guard
- c. Teams should wear matching socks and shorts
- d. Hoodies will only be allowed if the hood part of the hoodie is tucked into the player's jersey
- e. **All jewelry is considered dangerous and will not be allowed. Taping over jewelry will not be allowed. No exceptions to this rule will be made.**

Law 5. The Referee

- a. A US Soccer Licensed, Grade 09 (Grassroots) or higher referee will be assigned to all games.
- b. If the referee does not show up, the coach should contact the referee department for a replacement referee.
- c. The referee will briefly explain infringements to the offending player.
- d. Referee decisions are final, no protests will be heard on matters of referee opinion; a protest can only be filed with regards to misapplication of the Laws of the Game.

Law 6. The Other Match Officials

- a. No Assistant Referees will be used at this level

Law 7. The Duration of the Match

- a. The match shall be divided into two 25 minute halves.
- b. There shall be a 5 minute halftime interval.

Law 8. The Start and Restart of Play

- a. In lieu of a coin toss the home team will start with the ball and the visitor will pick which side of the field to defend.
- b. Opponents must be at least 8 yards away during kick-off and all other restarts except for a throw-in. Opponents must be at least 2 yards away during throw-ins.

Law 9. The Ball In and Out of Play

- a. Conforms to IFAB

Law 10. Determining the Outcome of a Match

- a. The final score of the match will be recorded in the league standings as reported in the Referee's match report, however no team will be awarded more than 5 points toward their goal differential in any single match.

Law 11. Offside

- a. There is no offside at this level

Law 12. Fouls and Misconduct

- a. Slide tackling will be considered dangerous play in all instances and awarded a free kick. To be a slide tackle both components of tackling and sliding MUST be present
- b. Intentional heading of the ball will be considered dangerous play in all instances and awarded a free kick.
- c. Opponents must be at least 8 yards away during all free kicks
- d. Coaches may be dismissed **after receiving a red card or (2) yellow cards within the same match**, or the match terminated for a coach's failure or the failure of their teams spectators to abide by the Laws of the Game and the NYSA Code of Conduct.
- e. **Build-out Play:** When the goalkeeper has possession of the ball in his/her hands, all opposing players must retreat behind the build-out line. The goalkeeper may choose to distribute the ball quickly before all opponents have retreated, but in doing so gives up the protection of the build out line.
- f. When the goalkeeper has possession of the ball in his/her hands, they must release the ball by passing or rolling the ball to a teammate. They may not punt or "drop kick" the ball. If the goalkeeper punts or "drop kicks" the ball away, an indirect free kick will be awarded at the spot where the goalkeeper punted from, unless inside the goal box where the ball will be moved to the top of the goal box nearest to where the infringement occurred.

Law 13. Free Kicks

- a. Opponents are at least 8 yards from the ball until it is in play

Law 14. The Penalty Kick

- a. The Penalty Spot will be 8 yards from the goal line

Law 15. The Throw-in

- a. Conforms to IFAB

Law 16. The Goal Kick

- a. **Build-out Play:** At the taking of a goal kick, all opposing players must retreat behind the build-out line. The goal kick can be taken quickly before all opponents have retreated, but in doing so gives up the protection of the build out line. **Play is considered live when the ball is kick and clearly moves.**

Law 17. The Corner Kick

- a. Conforms to IFAB